

## Educational Objectives

On completing this course, participants should be able to:

- ✓ Understand the nature of chronic pain and options for its treatment.
- ✓ Select patients who are appropriate candidates for pain therapy with opioids, including methadone.
- ✓ Educate patients about methadone's unique pharmacologic properties, such as its long duration of action and absence of euphoric effect (because lack of knowledge of these characteristics on the part of physicians and patients has contributed to inadvertent overdoses and fatalities).
- ✓ Follow a careful, evidence-based protocol for starting patients on opioid analgesic therapy, including methadone, whether from a drug-naïve state or in transition from another short- or long-acting opioid analgesic.
- ✓ Take appropriate steps to monitor for effectiveness of the medications and to minimize the potential for diversion, abuse, or addiction.

## Continuing Medical Education Credits

This program is approved for 4.25 hours of credit toward Category 1 of the AMA Physician's Recognition Award (PRA).

## Syllabus

All participants will receive a complimentary syllabus — both hard copy and a CD ROM. The syllabus package will include a copy of the text, *Responsible Opioid Prescribing: A Physician's Guide*, by pain expert Scott M. Fishman, MD — a handbook of clinical advice and generally accepted practices that has been endorsed by the Federation of State Medical Boards.

## QUESTIONS?

Contact Hermes Bryant by email at [IllinoisASAM@aol.com](mailto:IllinoisASAM@aol.com) or by phone at 773-558-5993.

ISAM  
P.O. Box 5188  
River Forest, IL 60305

**PRESCRIBING OPIOIDS  
FOR CHRONIC PAIN:  
Balancing Safety  
& Efficacy**

**SATURDAY, NOVEMBER 14, 2009**

Edward Hospital  
Naperville, Illinois

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*Sponsored by*

Illinois State Medical Society  
Illinois Society of Addiction Medicine  
Illinois Department of Alcohol and Substance Abuse  
Illinois Department of Human Services

*Co-sponsored by*

Linden Oaks at Edward Hospital  
American Society of Addiction Medicine

*With support from*

Center for Substance Abuse Treatment  
U.S. Department of Health and Human Services

# PRESCRIBING OPIOIDS FOR CHRONIC PAIN: Balancing Safety & Efficacy



## Program Description

***Do you prescribe opioid medications?  
If so, this program is for you.***

Each year, millions of patients are treated for a variety of serious medical conditions with prescription drugs whose therapeutic benefits are accompanied by psychoactive effects. Recent indicators reveal that the misuse and abuse of prescription drugs are rising, and we are faced with the challenge of minimizing the potential for misuse without impeding patients' access to needed medical care. This symposium will provide specific knowledge and skills associated with safe prescribing and will cover areas of epidemiology, legal and regulatory issues, as well as clinical strategies for managing difficult patient situations.

## Who Should Attend

This program is designed for all clinicians practicing in primary care settings — physicians, nurse practitioners, physicians assistants and others — who prescribe opioid medications and who care for patients receiving opioid medications.

## Faculty

- **THEODORE V. (TED) PARRAN, JR., M.D.**  
Associate Clinical Professor of Medicine and Family Medicine, Case Western Reserve University School of Medicine
- **JEFFREY OKEN, M.D.**  
Assistant Professor of Physical Medicine and Rehabilitation, Rush Medical College, and Medical Director, Marianjoy Pain Management Program, Chicago
- **EDWARD V. SENAY, M.D.**  
Professor Emeritus, University of Chicago Medical School
- **STANLEY TYLMAN, M.A.**  
Manager, Illinois Prescription Monitoring Program and Illinois Prescription Information Library
- **DAVID LOTT, M.D.**  
Clinical Assistant Professor of Psychiatry, University of Illinois at Chicago; Medical Director of Addiction Treatment Services, Linden Oaks at Edward Hospital

## Date and Location

**Saturday, November 14, 2009, 9:00 a.m. to 3:00 p.m.**  
Edward Hospital Education Center Auditorium,  
Room 300 (North Entrance)  
801 S. Washington Street • Naperville, Illinois 60540  
Phone: 630-527-3000

# PRESCRIBING OPIOIDS FOR CHRONIC PAIN: Balancing Safety & Efficacy

**SATURDAY, NOVEMBER 14, 2009**  
**Edward Hospital • Naperville, Illinois**

<b>8:00 am</b>	<b>REGISTRATION OPENS</b>
<b>9:00 am</b>	<b>PROGRAM BEGINS</b> <b>Welcome and Overview of the Course</b> <i>(Dr. Lott)</i> <b>National and Illinois Data on Opioid Use and Abuse</b> <i>(Mr. Tylman)</i> <b>First Things First: Deciding Whether to Prescribe Opioids for Pain</b> <i>(Dr. Parran)</i> <b>Case Discussion / Questions</b> <i>(Faculty and Audience)</i> <b>Opioid Pharmacology</b> <i>(Dr. Oken)</i> <b>What's Special About Methadone?</b> <i>(Dr. Senay)</i>
<b>12:00 noon</b>	<b>LUNCH</b>
<b>1:00 pm</b>	<b>Identifying and Intervening for Aberrant Medication Use</b> <i>(Dr. Lott)</i> <b>Case Discussion / Questions</b> <i>(Faculty and Audience)</i> <b>Why, When and How to Stop Prescribing Opioids and Manage the Patient with a Different Approach</b> <i>(Dr. Parran)</i> <b>The Regulatory Environment — Prescription Monitoring</b> <i>(Mr. Tylman)</i> <b>Summary and Case Discussion / Questions</b> <i>(Dr. Parran and Faculty)</i> <b>Closing Discussion and Planning for Change</b> <i>(Dr. Lott and Audience)</i>
<b>3:00 pm</b>	<b>PROGRAM CONCLUDES</b>

## REGISTRATION

*(Please print clearly)*

Name: \_\_\_\_\_

MD/DO  Resident  Nurse  Other

Specialty: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Email: \_\_\_\_\_

How did you hear about the program? \_\_\_\_\_

### Registration Fee:

\$50 for ISAM/ASAM Members;

\$60 for all others

*(includes course Syllabus, Fishman handbook and CD-Rom)*

Make check payable to: **ISAM**; Check Number: \_\_\_\_\_

*(Please mail check with form or bring to registration area.)*

Mail to: Prescribing Course Registration  
ISAM  
P.O. Box 5188  
River Forest, IL 60305

Fax to: 866-511-4775

Or register online at:  
[www.ILSocietyofAddictionMedicine.org](http://www.ILSocietyofAddictionMedicine.org)

